

Created by the Neighborhood Center Inc
Utica NY



Herkimer & Oneida County
Community Resources
2011-2012

Kin and Kids Outreach & Support Program
Phone (315) 272-2630 Cell 507-1421 Fax (315) 733-6802
Website: www.kinshipmv.org

If any of the information in this publication is not correct or has been changed please notify the program in order that future publications will reflect the correct information.

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Disclaimer Regarding the Accuracy of Data

The information published in this community resource booklet is believed to be reliable and accurate. The information contained in this booklet is provided "as is" and updated when new information has been provided by agency. Changes to this information or new entries of information will be made as provided. Data can quickly become out of date so, if you find any errors, please contact: TinaHudyncia@neighborhoodctr.org



Phone Directory

Addiction Services

Addictions Crisis Center
210 Lansing St.
Utica, NY 13501
(315) 735-1116
24 hrs a day

Al-Ateen & Alanon
276 N. Genesee St.
Utica, NY 13501
(315) 733-9362

Al-Ateen & Alanon Oneida County
150 Madison St.
Oneida, NY
(315) 533-1227

Albert O. Nichols House
201 King Street
Herkimer, NY 13350
(315) 866-3121

Alcoholics Anonymous
276 N. Genesee St.
Utica, NY 13501
(315) 732-6880
24 hrs a day

Beacon Center
210 S. Main Street
Herkimer NY 13350
(315) 717-0189

Catholic Charities
Ilion (315) 894-9917
Utica (315) 724-2158
Rome (315) 337-8600

Center for Family Life & Recovery Inc. (CFLR)
401 Columbia Street Suite 200
Utica NY 13502
(315) 735-2236

Community Recovery Center
264 W. Dominick St.
Rome, NY 13440
(315) 334-4701

Insight House
500 Whitesboro St.
Utica, NY 13502
(315) 724-5168

Mohawk Valley Psych Center
1400 Noyes St.
Utica, NY 13501
(315) 738-3800

NYS Addictions Hotline
1-800-522-5353
24 hrs a day

Oneida Co. Mental Health Dept.
235 Elizabeth St.
Utica, NY 13501
(315) 798-5903

Rome Hospital
1500 N. James St.
Rome, NY 13440
(315) 338-7000
24 hrs. a day

Child Care

Abundant Blessing Child Care
61 Elm St.
Clinton, NY 13323
(315) 853-2958

Child Care Financial Help
2215 Genesee St.
Utica, NY 13501
(315) 798-5974

Children's Corner
730 N. Jay St.
Rome, NY 13340
(315) 339-0981

Clinton Child Learning Center
198 College Hill Rd.
Clinton, NY 13323
(315) 859-4176

Court Street Children's Center
415 Court St.
Utica, NY 13502
(315) 731-1722

Day Care Center at Faxton
St. Luke's Campus
(315) 624-6273

Folts Home Child Care Services
104 North Washington Street
Herkimer, NY 13350
(315) 866-7576

Financial Assistance for Day Care
(315) 867-1233

Geneses Street Children's Center
2631 Genesee St.
Utica, NY 13501
(315) 792-3951

Griffiss Child Development
Rome, NY 13340
(315) 334-1372

Half Pint Academy Child Care Center
7829 State Rt. 5
Kirkland, NY 13323
(315) 853-3612

Head Start
61 West Street
Ilion, NY 13357
Phone: (315) 866-0030

MVCAA
Ilion Head Start
(315) 894-5585
Herkimer Head Start
(315) 866-7688
Little Falls Head Start
(315) 823-1762

Leonardsville ABCD
2068 Rt. 8 Leonardsville, NY 13364
(315) 855-4667

Mid-York Child Care
Coordinating Council
301 N Washington St
Herkimer NY 13350
(315) 867-1555

Mid-York Child Care Council
121 Second St.
Oriskany, NY 13424
(315) 223-7850

Mt. Markham Head Start
452 E. Main St.
West Winfield, NY 13491
(315) 822-1137

Neighborhood Center Inc.
615 Mary St.
Utica, NY 13501
(315) 272-2760

Pleasant Street School House
1134 Pleasant St.
Utica, NY 13501
(315) 733-2025

Sitrin Child Care Center
3 Kavod Rd.
New Hartford, NY 13413
(315) 733-1900
The Center for Life and Sciences
1101 Sherman Dr.
Utica, NY 13501
(315) 792-5597

Tree House After School Program
8595 Westmoreland Rd.
Whitesboro, NY 13492
(315) 768-6712

Upstate Cerebral Palsy
Children's Center
Rome, NY 13340
(315) 533-1150

YMCA of the Mohawk Valley Inc.
Herkimer
(315)866-8562

Counseling Services

Catholic Charities
1408 Genesee St. Utica,
(315) 724-2158
61 West St. Ilion
(315) 894-9917

Catholic Charities, Oneida/Madison
248 Main St. Oneida
(315) 363-5274

1301 Howard Ave.
Utica, NY 13501
(315)-724-0120

Clinton Counseling Center
2 Williams St.
Clinton, NY 13323
(315) 853-8716
24 hrs. a day

Family Services of
the Mohawk Valley
249 S. Main St. Herkimer
(315) 866-8407
401 Columbia St. Utica
(315) 735-2236
Rome, 303 W. Liberty St.
(315) 336-3090

Mental Health
1500 Genesee St.
Utica, NY 13501
(315) 735-9501

Insight House Chemical Dependency Services
500 Whitesboro St.
Utica, NY 13501
(315) 724-5168

Mental Health Connections
1500 Genesee St.
Utica, NY 13501
(315) 735-9501

Mental Health Connections
252 W. Dominick St.
Rome, NY 13440
(315) 337-0773

Mohawk Valley Psychiatric Center
1400 Noyes St. Utica
315-738-3135

New Hartford Health Counseling
21 Kellogg Rd.
New Hartford, NY 13413
(315) 735-0804

The Neighborhood Center Inc.
628 Mary St.
Utica, NY 13501 (315) 272-2600

195-199 W. Dominick St.
Rome, NY 13440 (315) 272-2730

UCP
Community Health & Behavioral Services
1427 Genesee St.
Utica, NY 13501
(315) 798-8869

Samaritan Counseling Center
1643 Genesee St.
Utica, NY 13501
(315) 724-5173

Dental Services - Accepting Medicaid

Aspen Dental
224 N. Genesee St.
Utica, NY 13502
(315) 798-1319

Dr. James Ruff
2058 Genesee St.
Utica, NY 13502
(315) 724-2394

Dr. James Ruff
500 N. George St.
Rome, NY 13440
(315) 336-3270

Dental Health Center
Faxton, St. Lukes Healthcare
1714 Burrstone Road
Utica - (315) 624-6227

Health Friends Dental Care
126 Eagle St.
Utica, NY 13501
(315) 724-0988

Oneida/Herkimer Co. Dental Society
6323 Fly Road Ste 3
East Syracuse, NY 1350
(315) 434-9161

Sitrin Dental Clinic
2050 Tilden Ave.
New Hartford, NY 13413
(315) 797-8000

St. Lukes Clinic
1656 Champlin Ave.
New Hartford, NY 13413
(315) 624-6227

SUNY Canton Dental Hygiene Program
Griffiss Business & Technology Park
125 Brookley Road
Rome (518)336-3484

Westside Dental
Address 50 Auert Ave.
Utica, NY 13502
315—266-0000

Emergency Services
Herkimer & Oneida County

Abandoned Infant
1-866-505- SAFE (7233)

Abraham House
1203 Kemble St.
Utica, NY 13501
(315) 733-8210

Adult Protective 1-800-342-3009

Herkimer (315) 867-1231
Rome 315) 338-0269
Utica (315) 798-5641

American Red Cross
Herkimer - (315)866-2890
Rome, - (315) 336-0030
Utica -(315)733-4666

Catholic Charities of Herkimer
Runaway & Homeless Youth Program Hotline
866-1112

Child Abuse and Neglect
1-800-342-3720

Child Protective Services
Herkimer, 310 N. Washington St. (315) 867-1214
Utica, 800 Park Ave. (315) 798-5264
Rome 228 W. Dominick St. (315) 338-0269

Domestic Violence Hotline 1-800-942-6906
Herkimer County -(315) 866-0458
Oneida County -(315) 797-7740

First Call for Help (24 hrs a day/ 7 days a week)
270 Genesee St.
Utica, NY 13501
(315) 624-9211

Hall House
1000 Cornelia St.
Utica, NY 13502
(315) 793-3621

Herkimer County Emergency Shelter
Catholic Charities
(315) 894-9917

HOPE House
130 Eagle St.
Utica, NY 13501
(315) 793-3723

Interpretalk—1-800-305-9673

Lucy's House
YWCA
1000 Cornelia St.
Utica, NY 13502
(315) 334-1067
24 hrs a day/ 7 days a week

Mobile Crisis Assessment Team (MCAT)
24 hrs a day / 7 days a week
(315) 732-6228

Mohawk Valley Community Action, Inc
Administration 9882 River Rd Utica 624-9930
Rome -1721 Black River Blvd. - 315-339-2649
Utica - 1100 Miller St. - 315-624-0821
Herkimer - 401 E. German St. - 315-866-0030

MVCAA - Homeless Intervention Program
Utica 624-9930
Rome 339-2649
Herkimer 866-0030

Emergency Services
Herkimer & Oneida County

New Horizons
129 Eagle St.
Utica, NY 13501
(315) 732-7032

(PREP)
PINS ELIMINATION AND REDUCTION PROGRAM
800 Charlotte Street, Utica, NY 13501
(315)798-8906

Rape Crisis - (315)797-7740
Suicide Crisis (18 & Older- 315-734-3456)
(17 and younger 315-732-0473)
Runaway & Homeless Youth - 315-894-9917
National Runaway Hotline—1-800-768-2929
Teen Pregnancy Hotline 1-800-522-5006

Social Services

Herkimer (315) 867-1291
Utica (315) 798-5700 Medicaid - 798-5632
Rome (315) 338-0244 Medicaid - 336-7411

Food , Clothing, Heating

Angel Foods Ministries
St. Stephens Episcopal Church
25 Oxford Rd New Hartford, NY
(315)732-7462

Annunciation Parish Center
60 West St.
Ilion, NY 13357
(315) 894-9917

Catholic Charities
Ilion, (315) 894-9917
Herkimer - (315) 894-9917

Catholic Charities (Clothing & Food Pantry)
212 West Liberty St.
Rome
337-5260

Community Action
327 King Street Herkimer, NY 13350
Phone: (315) 866-0300

Compassion Coalition (Clothing)
509 LaFayette Street Utica, NY 13502
(315)266-0039

Crichton's Choice (Clothing)
230 North Main Street
Herkimer (315) 866-7422

Department Of Social Services
Herkimer 867-1220
Utica 798-5559
Rome 338-0240

Eat Smart NY
Cornell Cooperative Extension
Utica - (315) 736-3394

Family Place (Clothing)
309 Genesee Street Utica NY 13501
(315)798-9164

First Assembly of God-Marcy Food Pantry
9427 Maynard Drive
Marcy, NY 13403
(315) 732- 8867

First Presbyterian Church (Clothing)
1605 Genesee St.
Utica, NY 13501
Ph: 315-731-5111

Food Bank of Central New York
7066 Interstate Island Road
Syracuse, New York 13209
800-444-1562 or 437-1899

Foothills Holland Patent
7835 Park Ave.
Holland Patent, NY 13354
(315) 865-5854

Herkimer County Office for the Aging
Nutrition Program
109 Mary Street
Suite 1101
(315) 867-1204

Herkimer/Mohawk Interfaith
105 South Main St.
Herkimer, NY 13350
(315) 717-0048
Emergency Phone: 866-4801

Holy Family Church
4343 Peterboro St.
Vernon, NY 13476
(315) 829-3295

Hope House (Meals Available)
140 Egel Street
Utica, NY 13501
(315) 793-3723

CTOD Outreach, Inc.
26 Johnson Park
Utica, NY 13501
(315) 734-9608

Johnson Park Center Food Pantry
1404 West Street
Utica, NY 13501
(315) 734-9608

Food , Clothing, Heating

Kateri's Thrift Store

(Clothing)

45 Furnace Street Little Falls

(315) 823-1793

Little Falls Food Bank

45 Furnace St.

Little Falls, NY 13365

(315) 823-1793

Little Falls Family YMCA

15 Jackson Street

Little Falls, NY 13365

(315) 823-1740

Matthew's Place

165 Main St.

Boonville, NY 13309

(315) 942-5636

Mohawk Valley Community Action Agency

Food Stamp Outreach

Utica—624-0821

Rome—339-2649

Mother Marianne WestSide Soup Kitchen

702 Columbia Street

Utica, NY 13502

(315) 735-4429

Mt. Zion First Presbyterian Church

1605 Genesee Street Utica

(315)732-5111

New Life Church Center

243 William Street

Herkimer, NY 13350

(315) 866-1164

Niccolls Church Food Pantry

228 Crosby Blvd.

Old Forge, NY 13420

(315) 369-3475

Office of the Aging

Herkimer 867-1195

Utica 798-5456

Rome 356-0550

Rescue Mission

Utica -212 Rutger St. (315) 732-8799

Rome - 413 E. Dominick St. (315) 337-2516

Rome Food Bank—Salvation Army

410 W. Dominick St.

Rome, NY 13440

(315) 336-4260

(315) 336-4290

Refugee Center

309 Genesee Street

Utica NY, 13501

(315) 738-1083

Salvation Army

14 Clinton Place

Utica, NY 13501

(315) 724-8736

Sauquoit Friends & Neighbors

Main Street

Clayville, NY

(315) 737-8073

Seeds of Hope Food Pantry

1605 Genesee Street

Utica, NY 13501

(315) 839-5303

St. Bartholomew's Food Pantry

183 Crosby Blvd.

Old Forge, NY 13420

(315) 357-2811

St. Francis DeSales

1119 Elm St.

Utica, NY 13501

(315) 732-6171

St. John's Church

240 Becker Street

Utica, NY 13501

(315) 724-6159

Food , Clothing, Heating

St Patrick`s & St. Mary's Food Pantry
1200 River Street
Forestport, NY 13338
(315) 942-4618

Shepherd`s Table
Herkimer Reformed Church
102 North Main Street
Herkimer, NY 13350
(315) 866-1523

St. Claire`s Cupboard & Cleophas Closet
(Thea Bowman House -Free food &clothing)
731 Lafayette St.
Utica, NY 13502
Ph: 315-797-0748

Salvation Army Thrift Store (Clothing)
400 Columbia St, Utica (315) 735-6450
164 W Main St, Ilion (315) 894-9028
1184 E. Blvd West Rome (315) 336-5002

Thea Bowman House Food Pantry
731 Lafayette Street
Utica, NY 13502
(315) 797-0748

The Neighborhood Center Inc. (Clothing)
612 Elizabeth Street, Utica
(315) 272 - 2600

The Salvation Army (Free Meals)
14 Clinton Street
Utica, NY 13501
Mon-Fri (11am-12:45pm)

The Salvation Army
431 N. Prospect St
Herkimer, NY 13350
(315) 866-1240

Town of Verona Food Pantry
5694 East Main Street
Verona, NY 13478
(315) 363-5624

United Methodist Church
21 N. Helmer Rd.
Dolgeville, NY 13329
(315) 429-9751

Utica Food Bank
112 Bleecker St.
Utica, NY 13501
(315) 507-4900

Waterville Area Food Pantry
145 Stafford Avenue
Waterville, NY 13480
(315) 841-8783

Westminster Presbyterian Food Pantry
714 Washington Street
Utica, NY 13502
315-732-6518

WERC
Women`s Employment & Resource Center
(Clothing closet for women in the workforce)
1411 Genesee St.
Utica, NY 13501
Ph: 315-793-9700

West Winfield
452 E. Main St.
West Winfield, NY 13491
(315) 822-6321

Women & Infant Children (WIC)
Herkimer (315) 866-5029
Utica (315) 798-5066

Youth Empowerment Project
404-408 Court Street
Utica, NY 13502
(315) 368-0117

Housing - Shelter

Catholic Charities

Utica—(315) 724-2158

Herkimer - (315) 894-9917

Emmaus Homeless Shelter—For Women

1215 Kemble Street Utica, NY 13501

(315) 797-3339

Fair Housing Council of CNY

(315) 471-0420

Family Nurturing Center

(Transitional Housing for Pregnant Youths)

209 Elizabeth Street Utica NY 13501

(315) 738-9773

Johnson Park Center (JCTOD)

Emergency Housing, Food Pantry

Johnson Park Center

PO Box 160

(315) 734-9608

Mohawk Valley Community Action Agency

5 Johnson Park Utica NY 13501

(315) 624-0821

Nathan Galinsky Apartments

HUD subsidized housing Senior Housing

105 Protection Ave Herkimer, NY 13350

(315) 866-3611

New Horizons (Community Housing)

129 Eagle Street Utica NY 13501

(315) 732-7032

Rescue Mission (Men's Shelter)

212 Rutger Street Utica NY 13501

(315)735-1645

(315) 733-0869 Emergency

Refugee Center

309 Genesee Street

Utica, NY 13501

(315) 738—1083

YWCA New Horizons

(Transitional Housing, ages 16-21)

1000 Cornelia Street

Utica (315) 732-7032

YWCA Willows Commons

(Transitional Housing for Women)

1000 Cornelia Street

Utica (315) 732-2159

Housing Authority—Section 8

Utica City Hall, 3rd Floor

1 Kennedy Plaza Utica, New York 13502

(315) 792-0199

Herkimer

315 North Prospect St Herkimer, NY 13350

(315) 866-2252

Little Falls

550 John St. Little Falls, NY 13365

(315) 823-2540

Ilion

100 West Main St. Ilion, NY 13357

(315) 894-2159

Rome

205 St Peter's Ave Rome, NY 13440

(315) 339 -0730

Municipal Housing

Municipal Housing Authority Of Utica

Marino-Ruggiero Apartments

415 Bleecker Street

Utica NY 13501

(315) 724-0640

Municipal Housing Authority Of Utica

Gilmore Village Gilmore Village

929 Hillcrest Ave

Utica, NY 13501

(315) 733-7196

Municipal Housing Authority Of Utica

Adrean Terrace

1600 Armory Dr

Utica, NY 13501

(315) 735-6572

Health Centers

Bassett Healthcare - Little Falls Primary Care
140 Burwell Street
Little Falls, NY 13365
(315) 823-4546

Bassett Healthcare - Herkimer
321 East Albany Street
Herkimer, NY 13350
(315) 867-2700

Community Health and Behavioral Services
1427 Genesee St
Utica, NY 13501
(315)798-8868

Herkimer Center
401 E German Street, Suite 310
Herkimer, NY 13350
(315) 866-3085

Public Health Nursing
Dr. Gregory O'Keefe
301 North Washington Street
Herkimer, NY 13350
(315) 867-1176

Rome Memorial Hospital
1500 N. James Street Rome, NY 13440
(315)338-7000

Ridge Mills Medical Center
7901 Ridge Mills Road Rome
1-888- 661- 6364

Utica Community Health Center
16 51 Oneida Street Utica
(315) 793-7600
Accepts: Medicaid, Private Insurance, Sliding Fee for uninsured

Legal Services/Advocacy
Herkimer & Oneida County

Community Dispute Resolution
Herkimer County Catholic Charities
894-9917

Court Appointed Special Advocates (CASA)
Peace Makers
502 Court Street Utica
Suite 234
(315) 724-1718

District Attorney
Herkimer - 867-1155
Oneida - 798-5766

Family Court
Herkimer 867-1139
Utica 266-4444
Rome 337 - 7492

Lawyer Referral Service
1-800-342-3661
Legal Aid
N. Washington St.
Herkimer, NY 13350
(315) 717-0378

Legal Aid Services
255 Genesee St.
Utica, NY 13501
(315) 732-2131

Legal Services of Central New York, Inc.
472 South Salina St., Suite 300
Syracuse, NY 13202
(315) 475-3127
Call for appt.

NY Bar Association
1-800-342-3661

NYS Division of Human Rights
(315) 428 - 4633

Oneida County Bar Association
724 - 4901

Public Defender
209 N. Washington St.
Herkimer, NY 13350
(315) 866-0006

Probation Department
Herkimer - 867-1158
Oneida - 798-5914

Prescription Assistance
Herkimer & Oneida County

Free Medicine Program
P.O. Box 515
Doniphan, MO 63935
1-573-996-3333
freemedicine.com

Herkimer County Rx Discount Program
For information call the ProAct help desk at 1-877-776-2285.
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Health Friends
126 Eagle St. Utica (315) 724-0988
61 West St. Ilion (315) 574-0057

Partnership for Prescription Assistance
www.pparxny.org
1-888-4PPA-NOW

NY Prescription Saver Program
<http://nyprescriptionsaver.fhsc.com>
1-800-788-6917

Pregnancy Counseling

Catholic Charities
1408 Genesee St. Utica
724-2158

Community Maternity Services
61 West Street Ilion NY 13357
(315) 894-9941

CareNet: Pregnancy Center Of Central New York
Main Line: 733-5404
1-800-395-HELP
Herkimer: 867-6148
Rome: 337-0242
Utica: 738-9435

Planned Parenthood 1-800-230-7526
Herkimer: 866-3085
Rome: 337-8584
Utica: 724-6146

Mohawk Valley Perinatal Network
732-4657

Teen Pregnancy Hotline
1-800-522-5006

Public Health Insurance

Facilitated Enrollment through
Mohawk Valley Prenatal Network
209 Elizabeth St., 2nd floor
Utica, NY 13501
(315) 732-4567

Fidelis Care
5010 Campuswood Dr.
East Syracuse, NY 13057
1-888-343-3547

Excellus BCBS
12 Rhoads Dr.
Utica, NY 13599-2297
1-877-208-5027

Medicaid
Herkimer—301 North Washington Street,
(315) 867-1291
Utica—800 Park Ave.
(315) 798-5632
Rome - 301 W. Dominick St.
(315) 336-7411

NYS Dept. of Health
(315) 866-6879

Herkimer County Public Health
(315) 867-1176

Taxes

Consumer Credit Counseling
289 Genesee St., #5
Utica, NY 13502
(315) 797-5366

MVCAA, Inc.
Tax preparation services
Utica: 624-0821
Ilion: 866-0030

Taxpayer Advocate 1-877-777-4778

Internal Revenue Services
1-800-829-1040
Utica -(315) 793-1952

VITA (Free Tax Clinic Locator)
1-800-829-1040

Tax Disputes (NYS) 1-877-876-2977

Senior Services

ARC of Oneida/Lewis
245 Genesee St.
Utica, NY 13501
(315) 735-6477

Office for the Aging
235 Elizabeth St.
Utica, NY 13501
(315) 798-5456

Office for the Aging
109 Mary Street
Herkimer, NY 13350
(315) 867-1121

North Utica Senior Citizens Community Center
50 Riverside Drive
Utica, NY 13502
Telephone: (315) 724-2430

Senior Citizens Hotline
1-800-342-9871
24 hrs a day

Senior Health Network
2521 Sunset Ave.
Utica, NY 13501
(315) 624-4545

South Rome Senior Citizens
112 Ridge St, Rome, NY 13440
(315) 339-6457

Visiting Nurse Association
2608 Genesee Street
Utica NY, 13502
(315) 735-8521

Young at Heart Seniors
Village Hall Orchard Street
Frankfort, NY 13340
(315) 894-2590

Supportive Community Agencies

Cornell Cooperative Extension
121 Second Street
Oriskany, NY 13424
Phone: 736-3394
Fax: 736-2580

Catholic Charities
1408 Genesee St.
Utica
724-2158

The Neighborhood Center Inc.
293 Genesee Street
Utica NY, 13501
(315) 272-2600

Family Nurturing Center
209 Elizabeth St.
Utica, NY 13501
(315) 738-9773

HERKIMER ARC
350 South Washington Street
Herkimer
315-574-7100

Kids Oneida
310 Main St. Utica, NY 13501
Phone: 315-792-9039

Mohawk Valley Community Action Agency
9882 River Road
Utica, NY 13502
(315) 624-9930

Mohawk Valley Resource Center for Refugees
309 Genesee St.
Utica, NY 13501
(315) 738-1083

The Family Place
309 Genesee St., #3
Utica, NY 13501
(315) 798-9164

Resource Center for Independent
Living (RCIL)
409 Columbia St.
Utica, NY 13501
(315) 797-4642

VESID
207 Genesee St.
Utica, NY 13501
(315) 793-2536

United Cerebral Palsy (UCP)
1601 Armory Dr
Utica, NY 13501
(315) 797-7013

United Cerebral Palsy
138 W German St, Herkimer, NY 13350
(315) 866-0770

Support Groups
Herkimer & Oneida County

AIDS Community Resources, Utica (315) 793-0661

Bassett Health Care

Circle of Caring (For Cancer Patients And Their Families) (315) 866-3330

Domestic Violence: Oneida County: (315) 797-7740

Domestic Violence: Herkimer County: (315) 866-0458

Foster and Adoptive Parents Association

(315) 724-2989

Hospice & Palliative

Support groups offered for various topics for children and adults

Oneida (315) 735-6484

Hospice in Herkimer County: (315) 867-1317

Kin & Kids Outreach & Support Program

2nd Cup Café: Support For Kinship Caregivers (315) 272 -2630

Little Falls Community Outreach: (315) 823-1409

Learning Disability Association of The Mohawk Valley

Information/Support Group 797-1253

Passages for Newly Bereaved (315) 735-6484

Senior Day Services, Caregiver Support Group 337-7954

Teens Grieve Too (315) 735-6484

Upstate Cerebral Palsy

Utica 724-6907

Rome 533-1150

YWCA

Getting Free (For Formerly Battered Women)

Healing Celebration (For Adult Survivors Of Child Sexual Abuse)

732-2159

Transportation

City Cab Delivery
1004 Erie St Utica
(315) 724-5454

Centro Bus
Rome 225 W. Liberty St.
(315) 336-5310
Utica, 185 Leland Ave.
(315) 797-1703

Courtesy Cab Co.
1005 Thorn St. Utica
(315) 797-7272

Gary's Transportation
1027 E. German St Ext. Herkimer
(315) 866-4003

Herkimer Arc Transportation
(315) 866-1890

Oneida County Rural Transportation
6000 Airport Rd.
Oriskany, NY 13424
(315) 798-5681

Motor Vehicle Bureau
321 Main St.
Utica, NY 13501
(315) 798-5749 or (315) 798-5203

NYS Dept Of Transportation
131 5th Avenue
Herkimer
(315) 866-1123

Saunders Transportation
7422 Soule Rd.
Rome, NY 13440
(315) 865-6042

Utica/Rome Bus 336-5310 or 1-800-448-4454

Utica Transit Authority 797-1121

Volunteer Center of the Mohawk Valley
200 Genesee St.
Utica, NY 13501
(315) 735-4463

Waterville Cab Company 841-3484

Youth Services

Big Brothers / Big Sisters
Utica, 258 Genesee Street
(315) 738-0794 X 285
Herkimer: 209 North Main Street
(315) 866-2863

Boys & Girls Club of the
Mohawk Valley
755 Lansing Street (315) 724-2524
210 Memorial PKW (315) 792-5238

Catholic Charities
1408 Genesee St.
Utica
724-2158

Cornell Cooperative Extension
Herkimer County (315) 866 - 7920
Oneida County (315) 736-3394
Utica (315) 337-2531

Cornell Cooperative Extension
121 Second Street
Oriskany, NY 13424
Phone: 736-3394
Fax: 736-2580

Evelyn's House
10 Burton Ave Utica, NY 13501
315-733-0236

Family Advocacy Center (315) 797-8630

Herkimer County Resource Center (315) 866-2920

Herkimer County Summer Youth
Employment Program
(315) 867-1400

Infant Stimulation Program (UCP)
(315) 724-6907

Johnson Park Center
P.O. Box 160, 26 Johnson Park,
Utica, NY 13501
315-734-9608

Kids Oneida
310 Main Street Utica
(315) 792-9039

Little Falls Community Outreach
(315) 823-1409

Mohawk Valley Council Alcoholism Addictions
502 Court St. Suite 401
Utica, NY 13502
315-733-1709
Samantha McCarthy

Mohawk Valley Community Action Agency
Foster Grandparent Program
(315) 733-4873

Mohawk Valley Community Action Agency
Runaway & Homeless Youth Program
(315) 339-2649
Hotline (315) 339-4960

Youth Services

Oneida Co. Child Advocacy Center
(315) 732-3990

Oneida County Early Interventions
Oneida County: (315) 798-5249
Herkimer County: (315) 867-1176

Person In Need of Supervision (PINS)
Herkimer - (315)867-1214
Utica - (315) 798-5914
Rome - (315) 356-0797

(PREP)
PINS Elimination & Reduction Program
800 Charlotte Street, Utica, NY 13501
(315) 798-8906

Scouts of America
Boy Scouts: 735-4437
Girl Scouts: 733-2391

Thea Bowman House
731 Lafayette St. Utica, NY 13502
315-797-0748

The House of the Good Shepherd
1550 Champlin Avenue
Utica, NY 13502
315-235-7600

The Neighborhood Center Inc.
Behavioral Healthcare Services
628 Mary Street, Utica, NY 13501
315-272-2700
Melissa Carey

The Neighborhood Center Inc.
Child Care & Family Services
615 Mary Street, Utica, NY 13501
315-272-2760
Patrice VanNortwick

Youth Bureau
Herkimer - (315) 867-1213
Utica - (315) 798 - 5027
Utica Parkway - (315) 223 - 4320

YMCA
Rome: 336-3500
Little Falls: 823-1740
Mohawk: 866-6570

4-H Youth Development
5657 State Route 5
Herkimer, NY 13350
(315) 866-7920
Utica 4-H
337-2531 or 736-3394

Youth Empowerment Project
417 Court St.
Utica, NY 13501
(315) 724-7986

Working Solutions
153 Brooks Road, Rear Entrance, Griffiss Tech.
Park, Rome, NY
315-356-0662

Women & Infant Children (WIC)
Herkimer (315) 866-5029
Utica (315) 798-5066

Working Solutions Career Center
320 N. Prospect St.
Herkimer, NY 13350
(315) 867-1400



COUNTY, STATE, FEDERAL

COUNTY COURTS

Herkimer County Supreme / Family / Surrogate's Court (Multi-Bench)

Herkimer County Office & Court Facility
301 N. Washington Street Suite 509
Herkimer, NY 13350
Civil Ph: (315) 867-1209
Criminal Ph: (315) 867-1282
Family: 315) 867-1139
Surrogate Ph: (315) 867-1170

Appellate Division

Utica, 800 Park Avenue (315) 266-4200

Oneida County Supreme Court - Utica

Oneida County Courthouse 200 Elizabeth Street Utica,
Phone: (315) 266-4200 Fax: (315) 798-6436

Oneida County Supreme Court - Rome

Rome, 302 North James Street NY 13440
(315) 266-4300

Oneida County Court - Utica

Utica, 200 Elizabeth Street NY 13501
Phone: (315) 266-4211

Oneida County Family Court - Utica

Utica, 200 Elizabeth Street 1st Floor NY 13501
Phone: (315) 266-4444

Oneida County Supreme Court

Utica 200 Elizabeth Street (315) 266-4200
Utica - NYS Office Building 207 Genesee Street (315) 266-4200
Rome - 302 North James Street (315) 266-4300

Oneida County Family Court

Utica - Oneida Co. Courthouse 200 Elizabeth Street (315) 266-4444
Rome - 301 West Dominick Street (315) 266-4500

Oneida County Surrogate's Court

Utica - Oneida Co. Office Bldg. 800 Park Avenue, 8th Fl. (315) 266-4550
Rome (315) 266-4309

Oneida County City Court

Utica 411 Oriskany Street West - (315) 266-4600
Civil Department - (315) 266-4603
Criminal Department - (315) 266-4602
Rome - 100 West Court Street (315) 337-6440

County, State & Federal Offices

Office for the Aging
Herkimer (315) 867-1121
Utica (315) 798-5456
Senior Citizen's Hotline 800-342-9871

NYS Dept of Transportation
Utica, (315) 793-2447
Herkimer, (315) 866-1123

Veterans Services Agency
Herkimer (315) 867-1127
Rome (315) 336-4270
Utica (315) 798-5830

Working Solutions Career Center
320 N. Prospect St.
Herkimer, NY 13350
(315) 867-1400

Social Services
Herkimer (315) 867-1291
Utica (315) 798-5700 Medicaid - 798-5632
Rome (315) 338-0244 Medicaid - 336-7411

Social Security Administration
Utica/Herkimer 10 Broad St. Utica (315) 797-7614
Rome -268 West Dominick Street (315)339-1751
National 1-800-772-1213

New York State Attorney General
Consumer Hotline
800-771-7755

NYS Assembly
207 Genesee St., Rm. 401
Utica, NY 13501
(315) 732-1055

NY CONNECTS
Oneida County: 798-5456
Herkimer County:867-1415

NYS Dept Environ. Conservation
Watertown (315) 785-2239
Herkimer (315) 866-6330

NYS Division of Human Rights
Albany (518) 474-2705

NYS Labor Dept
320 N. Prospect St.
Herkimer, NY 13350(315) 867-1400



Programs



ADULT RECOVERY SERVICES

The Neighborhood Center Inc.
15-17 Hopper St., Utica NY 13501
(315) 272-2660

Adult Recovery Services Drop-In Center for Recovering Adults

Adult Recovery Services (ARS) is a drop-in program for adults coping with serious emotional or behavioral disorders. Some participants have been hospitalized; others have not. All need help overcoming obstacles to independent living. Adult Recovery Services, provides an environment where individuals can socialize, reduce stress, obtain advice and support, develop job skills and build self-confidence. Adult Recovery draws much of its therapeutic effect from the supportive, hands-on nature of the club. There is a small supervisory staff, but members themselves play a major role in staffing, designing programs and planning activities. Taking on these kinds of responsibilities helps clients to regenerate the skills and self-confidence they need to have a meaningful, independent life in the community. The philosophy of Adult Recovery Services is to provide the environment, support and guidance people need to help themselves. The first steps in recovery from psychiatric illness involve control of symptoms, reduction of distress, and a rebuilding of self-confidence, hope and motivation. Adult Recovery is an important catalyst in this process, providing an atmosphere where clients can measure progress. The club is a safe, social outlet where members receive non-threatening feedback in a sensitive, non-judgmental manner.



BEHAVIORAL HEALTHCARE CLINICS

The Neighborhood Center Inc.

Counseling and Treatment For Children and Youth

628 Mary Street ~ Utica NY 13501 (315) 272-2700

8:30 to 4:30, Monday, Wednesday, Friday 8:30 to 8, Tuesday and Thursday

195-199 W. Dominick Street ~ Rome NY 13440 (315) 272-2730

8:30 to 4:30, Monday, Wednesday, Friday 8:30 to 8, Tuesday and Thursday

Child Guidance Clinics

Our Child & Adult Guidance Clinics in Utica and Rome provide comprehensive outpatient services to children and adolescents throughout Oneida County who need help dealing with serious emotional problems. Dr. Ramakrishna Rao, after whom our Utica Clinic is named, was a psychiatrist and humanitarian who devoted his life to serving this community. The goal of our clinics is to carry forth his gift of service by reaching out to children and families to enrich their lives with a greater sense of meaning and fulfillment. Staff includes: Psychiatrists, Psychologists, Social Workers, Play Therapists, Registered Nurses The clinics in Utica & Rome provide an umbrella of services to children and families including: Evaluations and Medication, Individual Therapy, Play Therapy, Group Therapy, Family Therapy. Under the guidance of a primary therapist, the family participates in developing a treatment program to address the particular needs of each child or youth. Services are provided by experienced, professional staff in a confidential and safe environment with respect for each individual. An extension of clinical services is available in a number of area school districts. This school-based service reduces stress and disruption for children, parents and school personnel while facilitating a partnership among all three in developing the best treatment plan. Medicaid and private insurance are accepted. Families without coverage may be asked to pay on a sliding scale. No one is denied treatment due to an inability to pay.

CATHOLIC CHARITIES OF HERKIMER COUNTY

61 West Street Ilion, NY 13357

(315) 894 – 9917

Mission

Our Purpose is to maintain the dignity and improve the quality of life of families and individuals in Herkimer County: through empowerment of those in need, advocacy for a just society and collaboration with women and men of good will. By our actions and visible presence, we seek to influence others to become more aware of and responsive to human needs.

Services offered

Community Dispute Resolution Center • Domestic Violence Program • Counseling Services • Herkimer County Prevention Council • Retired & Senior Volunteer Program • Runaway & Homeless Youth • Ecumenical; Food & Shelter Faith in Action Program • Nutrition Outreach And Education Programs • Emergency Assistance Program • Kateri's Thrift Store.

Domestic Violence - 24 hour Hotline 866-0458

Runaway & Homeless Youth - 24 hour Hotline 866-1112

CATHOLIC CHARITIES OF ONEIDA / MADISON COUNTIES

1408 Genesee St., Utica, NY 13502
315-724-2158

Locations

212 West. Liberty St., Rome, NY 13440
315-337-5260

245 Main St.
Oneida NY
13421
363-5274

St. Martin de Porres
1301 Howard Ave.
Utica, NY 13501
315-724-0120

Services Provided

Adoption • Afterschool Programming at Kernan School • Camp Nazareth • Clothing Closet • Counseling • Emergency Assistance • Food Pantry • Parenting • Residential Programs for Adults with Mental Illness • Residential Programs for Adults with Developmental Disabilities • Residential Programs for Adults Recovering from Substance Abuse • Social Recreation programming for Adults with Mental Illness • and Summer Breakfast Program.

CENTER FOR LIFE AND RECOVERY (CFLR)

(Formerly Mohawk Valley Council on Alcoholism/Addictions, Inc.)

502 Court Street, Suite 401
Utica, NY 13502
(315) 733-1709

The Center for Family Life & Recovery, Inc (CFLR) is a new agency created in January 2011 by a merger between Family Services of the Mohawk Valley Inc and Mohawk Valley Council on Alcoholism and Addictions, Inc. CFLR is comprised of a wide range of expertise across the mental health and substance abuse systems, removing the silos within these systems and working together to provide programs including the three levels of prevention (universal, selected and indicated). CFLR's comprehensive model is the first in our community to be implemented in its entirety and with fidelity, eliminating the systematic barriers allowing a freer flow of learning and a healthier community.

Center for Family Life & Recovery, Inc. has become a role model in the community for combining resources, putting the needs of community members first, and eliminating feelings of competition by recognizing the common goal of improving quality of life. For more information call 733-1709 or visit www.mvcaa.org

The Employee Assistance program, Drinking Driver program and the Oneida County Prevention Council are located at our satellite office at 502 Court Street Suite 401, Utica NY 13502 (315) 733-1709.



CHILD CARE SERVICES
The Neighborhood Center Inc.
615 - 616 Mary Street ~ Utica NY 13501
(315) 272-2760

Child Care Services: Infant, Pre-School and School-Age Child Care

The Neighborhood Center's state-licensed child care program fosters growth and development in children six weeks to 12 years old. Services are available to families from throughout the Oneida County area at our facilities in Utica and Rome. Professional staff oversee a full range of activities designed to tap every aspect of a child's capabilities and potential. Children are grouped by age and development level. Each group has a set ratio of children to caregivers in accord with state guidelines.

Pre-school & Infant / Toddler

Our Pre-School and Infant Toddler Programs at 615 Mary Street in Utica provides dependable care to children ages six weeks to five from 6:30 a.m. to 5:30 p.m. Monday through Friday. For enrollment information, call 272-2760.

School—Age

Our School-Age Program at 616 Mary Street in Utica provides care to children from kindergarten through age 12 and our School-Age Program at 195-199 West Dominick Street in Rome age 3 through 8. During summer and on school holidays, care is available from 6:30 a.m. to 5:30 p.m. Monday through Friday. During the school year, before- and after-school care is available with transportation provided to and from several schools. We foster individual development, positive social interaction, democratic principles, acceptance and celebration of differences in people, and responsible decision-making. Varied activities, including arts and crafts, music, drama, sports, field trips and swimming, address the diverse interests of children. For enrollment information call 272-2630.

All Child Care rooms are designed to provide an atmosphere of love, trust and understanding where the individual needs of each child are paramount. Activities are conducted with the goal of helping children to develop their full potential socially, emotionally, intellectually and physically. Our child care facilities are open weekdays including most school holidays. Breakfast, lunch and snacks are provided under USDA guidelines. Parents are invited to participate in activities, conferences, meetings and support groups.



CHILDREN'S CENTER

Utica 315– 266-4485

Rome 266-4532

The Children's Centers located in the Family Court Houses in Utica and Rome provide quality drop-in childcare for children who must be in court in connection with matters involving them or their caregivers. Neighborhood Center staffs provide families with information, referrals and connections to health, education, child care and other community-based services

COMMUNITY MATERNITY SERVICES

61 West Street Ilion, NY 13357 (315) 894-9941

Program Director: Denise Hodges

Email: herkadmin@logical.net

Case Management

Case management services are provided to pregnant and parenting adolescents under the age of 21 who reside in Herkimer County. Case management services include assessment of needs, assistance in identifying short and long-term goals, transportation to medical appointments, case management coordination, and referral. The ultimate goal is to improve birth outcomes, increase self-sufficiency, build personal capabilities, encourage follow through with obtaining an education, employment, and appropriate child care, etc. (Must be under the age of 21 and either mother or child on Medicaid) There is no cost to the client for this program. Program serves Herkimer County residence. Hours of operation are 8:30 AM - 4:30 PM Monday – Friday. Eligibility Criteria: Pregnant and parenting adolescents under the age of 21 who reside in Southern Herkimer County.

Nurturing Parenting Program

The fifteen-week Nurturing Program for parents and their children offers instruction on using effective behavior management techniques, managing anger and stress, effective communication skills, and dealing with specific issues such as ADHD, preventing sexual abuse and substance abuse. The program seeks to re-parent the parent while increasing empathy, identifying and eliminating role-reversal, building appropriate expectations, and eliminating abusive behaviors. No fees for this program. Program serves Herkimer County residence. Hours of operation are Thursday Evenings.

Eligibility: Parents of any age or income who reside in Southern Herkimer County.

Parents as Teachers

The home-based "Parents as Teachers" program seeks to increase parents awareness of children's brain development and demonstrate ways parents can actually increase their child's intelligence, readiness for school socially and emotionally.



DAY CARE REGISTRATION

The Neighborhood Center Inc.
612 Elizabeth Street
Utica NY 13501
(315) 272-2630

Providing Additional Day Care Opportunities

Our Day Care Registration (DCR) program registers adults throughout Oneida County who wish to provide care to up to 8 children in a home setting. Currently about 130 homes are registered, helping to address the ever-present demand for affordable day care options.

The DCR program offers informational meetings to persons interested in becoming home-care providers, as well as technical assistance and registration renewals. Importantly, we inspect homes periodically or upon receipt of a complaint to ensure compliance with state regulations regarding day care facilities.

In addition to providing these services to homes, we offer the same services to some 30 school-age child care programs in schools and community facilities throughout the county. The Neighborhood Center's objective in managing the DCR program is to make available more day care opportunities to parents in various parts of the county — always with the welfare of children being the paramount concern.

FAMILY NURTURING CENTER OF CENTRAL NY, INC.

209 Elizabeth Street, 4th Floor

Utica NY 13501

Telephone (315) 738-9773

Fax (315) 738-1486

admin@fncny.org

Nurturing Parenting Programs®

Evidence-based programs for all families with children, prenatal- age18. Each curriculum specific to ages of children or circumstances of families (teen parents, special learning needs, children with health challenges). Group-based (community centers, schools) and home-based programs in Oneida County.

Family Place Resource Center

309 Genesee Street, Utica NY

Drop-in resource center. Parenting education workshops, information and referrals, consultations, supervised visitation, support groups, children's clothing and diapers, special events.

Healthy Families-Oneida County

Statewide home visiting program for overburdened families, starting in the prenatal or newborn period. Partnership of Oneida County Health Department and Family Nurturing Center. Promotes optimum childhood development and positive parent-child interactions.

Evelyn's House for Young Mothers and Babies

Located in Utica. Transitional living and supportive services for pregnant teens and young mothers (up to age 21) with their children.

Family Resolutions Program

Safety planning and prevention of child neglect and abuse through Family Group Conferences, Nurturing Parenting Education, supervised visits and individualized resource coordination.

Supervised Visitation

Safe and nurturing settings for good quality time and interactions of children with their non-custodial parents. Available through court orders and provider referrals.

Children First Program

Two-session program (evenings) to help divorced and separated parents reduce the stress of family changes and protect children from negative effects of ongoing parental conflict.

Nurturing Father's Program

For men only, 13 sessions to explore fatherhood issues and develop nurturing skills. Also - information, referrals and advocacy for fathers.

FAMILY PLACE

Program of Family Nurturing Center
309 Genesee Street
Utica, NY 13501
(315) 798-9164
Fax (315) 735-8205
mstockton@fnccny.org

The Family Place is a free drop in resource center. Hours of Operation are Monday through Friday 10:00am-4:00pm Walk –ins welcomed or call for an appointment Eligibility: Families in need.

Program Services

Children’s clothing •Assistance with diapers • Playgroups •Parent education workshops •Supervised visitation program, •Resources / Support for grandparents raising grandchildren, relatives as caregivers, and parents with teens and Family Wellness and happiness workshops.



FAMILY TIES

The Neighborhood Center Inc. 628 Mary Street ~ Utica NY 13501
Monday through Friday 8:30 a.m. to 4:30 p.m.
(315) 272-2700

Counseling Services For At-Risk Children

The Family Ties program is a short-term, intensive, outcome-driven service for children who are at risk of out-of-home placement and/or risk of placement in an alternative educational setting. Family Ties services are provided for up to six months in the child’s natural environment of home, school and community, seeking to build on personal and family strengths. The program is a collaborative effort of the Herkimer County Office of Mental Health (OMH), Herkimer County schools and the Herkimer County Department of Social Services. All referrals are screened initially through Herkimer OMH. The goal is to help families avoid out-of-home placement of children and achieve greater stability. The program works to improve the abilities of family members to problem-solve and communicate, to use their natural and community supports more efficiently and effectively. There is no fee for Family Ties which is recognized by the Herkimer County Office of Mental Health as an important preventive program.

Specific service areas include:

Anger Management • Skill-Building • Improving Communication • Modeling Pro-Social Behavior • Improving Relationships • Service Linkage • Advocacy.



GROUP WORK OUTREACH

The Neighborhood Center Inc. 612 Elizabeth Street ~ Utica NY 13501
(315) 272-2630

Programs for Youth, Outreach to Families

The Neighborhood Center provides a number of interconnected services to children and families through the programs of our Group Work Department. These services are aimed at reaching out to the young people of our immediate neighborhood as well as to children enrolled in our child care from throughout the area.

Social Development for Youth

This drop-in program provides social, recreational and educational activities for school-aged children and youth up to age 18. Group work staff oversee activities stressing democratic principles, acceptance and celebration of differences in people, and responsible decision making. The goal is to foster individual development along with positive social interaction. The program consists of after-school and evening clubs and classes during the school year and full-day activities during summer. Some events are planned to allow families to participate together, thereby nurturing youth connection to home, school and community.

Operation Outreach

The Operation Outreach program is designed to help assess and respond to the needs of youth and families. Staff help families obtain a variety of services including counseling, legal aid, housing assistance, job search skills, emergency food and more. The program also seeks to identify concerns, problems and perceptions of neighborhood residents in order to find better ways of addressing ever-changing needs. Services are offered on a limited basis; no eligibility criteria apply.



Annette E. Phillips, BSN, MS Program Manager
Healthy Families of Oneida County 209 Elizabeth St.-4th floor Utica, NY 13501
(315) 738-9773

Healthy Families of Oneida County Program

The Health Department is the lead agency, in partnership with the Family Nurturing Center of Central New York for this national home visiting program. To achieve the goals of preventing child abuse and neglect, promotion of optimal child health and development, and enhanced parental self-sufficiency, services are initiated prenatally or until the newborn is 92 days old.

After assessment, visits are structured to be intensive in nature and designed to mentor overburdened families in becoming the parents they wish to be, increase bonding, develop positive discipline, utilize health and community resources, and establish a safe and positive home life. Home visits can continue up to 5 years, or until a child enters preschool, Head Start, or Kindergarten. We offer this program throughout the entire county on a free and voluntary basis.



Healthy Families of Herkimer County Program

Healthy Families of Herkimer County
301 N. Washington Street
Herkimer, NY 13350
Marlene Reynolds at (315)867-1575

Healthy Families of Herkimer County offers home-based services to all expectant families and new parents, beginning prenatally or shortly after the birth of the child. Participants are screened to identify risk factors and stressors that the family may face. Families who participate in the program are offered long-term in-home services until the child is in school or Head Start.

HERKIMER ARC

350 South Washington Street Herkimer, NY 13350
Phone 315-574-7100.Fax (315) 866-8339 TTD/TY (315) 866-2920

[Website: www.herkimerarc.org](http://www.herkimerarc.org)

Program: Herkimer ARC

The Herkimer ARC's mission is to enable people with disabilities, and others in the community, to achieve full potential and to live enriched lives. Services provided to participants include Day Programs, Residential, Recreational and Respite Services, Family Support, Senior Center, Employment Services, Vocational Workshop, HARC-Goodwill Store & Donation Center, and Transportation. Services are offered to residents of Herkimer County and surrounding areas. Fees: if eligible, services are available at no cost to the individual. Specific eligibility criteria required.

Contact: Outreach Development Coordinator at (315) 574-7822.

Vocational and employment services programs, contact Career Connections at (315) 574-7868.

Day and Support Services seeks a holistic approach in providing services to individuals with disabilities in the areas of self care, recreation and respite, pre-vocational services, independent living, family support, nursing, medical, occupational therapy, speech, psychology, parenting skills, and social work services. All services are individually designed and provided in response to need. There is also a strong emphasis on using the community as a natural learning environment. Programs administered by Day and Support Services include: Day Habilitation Programs, Pre-Vocational Programs, Family Support Services, Senior Center, Home & Community Based Waiver Services, Guardianship, Medicaid Service Coordination, Spirituality, and the Traumatic Brain (TBI) Injury Program. Services are offered to residents of Herkimer County and surrounding areas. Fees: if determine Medicaid eligible, services are available at no cost to the individual.

Contact: Outreach Development Coordinator at (315) 574-7822.

The Herkimer ARC's Little Wonders – Saturday program provides a quality program for three to five year old children to develop gross and fine motor skills and social skills. If determine Medicaid eligible, this service is available at no cost. Specific eligibility criteria required.

Contact: Outreach Development Coordinator at (315) 574-7822.

HERKIMER COUNTY OFFICE FOR THE AGING

109 Mary Street; Suite 1101 Herkimer, NY 13350

Phone (315) 867-1121 Fax (315) 867-1448

Director: Mary A. Scanlon

E-mail: hcofa@herkimercounty.org

WWW.herkimercounty.org; then Departments, then Office for the Aging

Health Insurance Information, Counseling & Assistance Program (315) 894-9917

HIICAP provides assistance to senior citizens regarding health insurance issues; we contract this program to Catholic Charities. No fees, but donations gladly accepted. Must be 60 years of age or older and a Herkimer County resident.

Program: Home Energy Assistance Program (315) 867-1195

HEAP provides financial assistance for eligible persons home heating bill. Payments are made directly to the fuel company on the client's behalf. Individuals must apply annually. Available to both homeowners and renters. The Office for the Aging certifies people 60 years of age and older as well as people on Code A SSI. Call to have an application mailed to you. Those who received a benefit the previous year will automatically receive an application in the mail the following year.

EISEP—In-home Services for the Elderly Program EISEP, (pronounced eye-sep) (Call 867-1124)

In-Home Services include shopping assistance, homemaking, and personal care services. These services are available to seniors aged 60 and older who need assistance with ADL's or IADL's. These programs are operated either directly by OFA or the Alternatives in Long Term Care Unit. Is for those who have incomes above the Medicaid level.

Companion-Homemaker Program,

Provides light housekeeping and shopping for 2 hours every other week for those who qualify.

Program: Legal Aid (315) 867-1124

Through a contract with the Office for the Aging, Legal Aid Society of Mid-New York Inc. provides legal assistance with minor legal issues such as wills, consumer problems, real property/deed transfers and credit problems. There are no Client fees rather a suggested donation. You must be a Herkimer County resident age 60 or older. To be referred call OFA Caseworker at 867-1415 or 867-1124.

Program: Nutrition Program (315) 867-1204

A hot noon-time meal is available in the throughout the community where people can dine together. Meals must be reserved at least one day in advance. **Home delivered meals** are available. No fees for this program rather a suggested donation of \$2.50 a meal. No income guidelines. To receive home delivered meals must be 60 years of age, basically homebound due to illness or disability and be unable to shop or cook for themselves. No income guidelines.

Caregiver Assistance & Respite 867-1415 or 867-1124

A caregiver is a family member (s) or another individual who is taking care of a loved one at home without any pay. Respite is a period of rest & relief from the duties of taking care of someone. We provide trained aides to go into the home so the caregiver can be relieved of the care giving duties for a while. We offer: Information about available services & resources, Assistance in gaining access to services, Counseling to assist caregivers in making decisions and solving problems related to their care giving role and Training on practical issues related to care giving. There is considerable flexibility with the provision of respite under this program.

HERKIMER COUNTY MENTAL HEALTH SERVICES

301 N. Washington St. Suite 2470
Herkimer, NY 13350
Phone (315) 867-1465 Fax: (315) 867-1469
Executive Director: Edgar Scudder
E-mail: escudder@herkimercounty.org
Website: www.herkimercounty.org

Program: Mental Health Clinic

Mon - 8:00 AM - 7:00 PM • Tue-Fri 8:00 AM - 5:00 PM.

The Mental Health Clinic is for adults, children and youth with serious emotional disorders or mental illnesses. Sliding fee are available for services. Medicaid/Medicare accepted. Must be a county residency, ages five and over, "prior" approval from insurance carrier if required.

HERKIMER COUNTY RX DISCOUNT PROGRAM

The Herkimer County Discount Prescription Drug Program was developed by the County Legislature to help pay the cost of prescription medicines. "It's especially beneficial to people who don't have prescription coverage, such as those who are self-employed. However, any Herkimer County resident, regardless of age, income, or existing health coverage, can participate. There is no cost to county government or county residents. Herkimer County has partnered with ProAct, Inc., a regional pharmacy benefit management company, to provide the prescription drug discount program. Participants can save 10 to 20 percent on brand name prescriptions and 20 to 50 percent on generic drugs. The cards were mailed to all households in the county. The Discount Program covers *all* prescription medications, brand name or generic. Participants save an average of: *10-20% on brand drugs* and *20-50% on generic drugs*. Discount Cards are available at the following Herkimer County offices:

Herkimer County Office and Courts Facility - 301 N. Washington Street

- Public Health (3rd floor)
- Mental Health (3rd floor)
- Department of Social Services (2nd floor)

Herkimer County Office Building - 109 Mary Street

- Office of the Aging (1st floor)
- County Clerk (1st floor)
- Legislative Office (3rd floor)

Herkimer County Treasurer Building - 108 Court Street

- Treasurer's Office

One Discount Card can be used for all family members.

For information call the ProAct help desk at 1-877-776-2285.

HERKIMER COUNTY YOUTH BUREAU

109 Mary Street, Suite 1110 Herkimer, NY 13350

Phone: (315) 867-1213 Fax: (315) 867-1497

Executive Director: Gina Giacobelli

E-mail: ggiacobelli@herkimercounty.org

Website: www.herkimercounty.org

The Youth Bureau runs two employment programs for youth in the County each summer. One is the Old Forge Transportation Program and serves youth 14-21 who are residents of Herkimer County. Youth who gain employment in the Old Forge area can complete an application to ride a bus provided by Herkimer County to the job sites in that area free of charge. The second program is the Summer Youth Employment Program. This program employs youth 16-21 as part-time employees in area non-profits and county government offices, allowing them to gain work experience. Any youth 0-21 who is a resident of Herkimer County is eligible to utilize services and programs paid for with Youth Bureau funds. Programs using NYS Office of Children and Family Services/Youth Bureau funding are not allowed to charge a fee for services/participation in that program. For example: a counseling program contracted to a non-profit agency must offer free counseling for Herkimer County youth and their families for as long as the funding is available during the calendar year.

HERKIMER FULTON HAMILTON OTSEGO BOCES

352 Gros Blvd. Herkimer, NY 13350

315 867- 2098

Adult and Continuing Education

Educational Opportunity Center 111 S. Main Street, Herkimer, NY 13350 (315) 867-2025
Adult Literacy Programs include GED, pre- GED, Adult Basic Education, English as a Second Language and Home Study Programs

Project Re-Connect

320 N. Prospect Avenue, Herkimer, NY 13350 (315) 867-1494
Out of School Youth Program for students who are at risk or who have dropped out of school

Herkimer Literacy Zone

215 S. Main Street Herkimer, NY 13350 (315) 867-7956
Adult Literacy, Family Literacy and Case Management Services provided to those living in Herkimer, 13350 zip code

Herkimer County Even Start

350 Gros. Blvd. Herkimer, NY 13350 (315) 867-2084
Family Literacy for families in poverty and parents with low literacy skills, parents and children receive instruction in literacy, parenting and engage in interactive literacy activities

Mohawk Regional Migrant Education Outreach Program

111 S. Main Street Herkimer, NY 13350 (315) 867-2076
Academic support for in-school students and English as a second language instruction.



INTENSIVE CASE MANAGEMENT

The Neighborhood Center Inc.
628 Mary Street ~ Utica NY 13501
(315) 272-2700

INTENSIVE CASE MANAGEMENT

Intensive Case Management (ICM) provides services to Herkimer County children and youth ages 4 to 18 who are diagnosed as seriously emotionally disturbed.

A Case Manager works with children and their families in their natural environments including home, school and community. The goal is to prevent out-of-home placements, reduce hospitalizations and keep children in the least restrictive environment.

Children are seen minimally four times per month allowing for intensive and comprehensive services and advocacy. Close coordination with the child and his or his family in these natural environments allows the Case Manager to comprehensively work on their jointly established individualized and goal-oriented service plan.

The ICM program utilizes a strength based approach for working with families, promoting natural support systems. All referrals for services are made through the Herkimer County Department of Mental Health Single Point of Access & Accountability Committee and can be reached at 315-867-1465.

Kids Oneida
310 Main St. Utica, NY 13501
Phone: 315-792-9039 Fax: 315-792-9578
kidsoneida.org

Kids Oneida is a not for profit organization that works with at risk youth and their families to keep them from out of home placements. Using the wraparound philosophy towards treatment, Kids Oneida works with a comprehensive team to provide the child and family with individualized treatment and services to help them meet their goals. We offer various parent support groups, and trainings. For more information on family support programs call Joan Godlewski at 731-2620.



“KIN AND KIDS” OUTREACH & SUPPORT PROGRAM

The Neighborhood Center Inc. 612 Elizabeth Street Utica, NY 13501

(Phone) 315 - 272 - 2630 (Fax) 315-733 - 6802

Website: www.kinshipmv.org

The “*Kin and Kids*” program offers advocacy, outreach and support to kinship caregivers residing in Oneida and Herkimer Counties. Kinship refers to relatives and other non-parent caregivers that are providing full time care for children. Children maybe living in kinship care due to a parent having issues with addiction, incarceration, child protective concerns, military deployment, mental health, abandonment, illness or death. The “*Kin and Kids*” program will offer support and outreach to children and caregivers by:

- Conducting home visits to assess the needs and support of the family; provide valuable and up to date resource information to address the challenges and barriers of fostering and maintaining family connections on the child’s behalf
- Assist in accessing child only grants through the Department of Social Services as well as other government benefits such as Medicaid, and SSI
- We will work with families to ensure the needs of children and caregivers. We will foster the empowerment process by making appropriate referrals to access medical, legal and educational services; obtain language translation or interpretation services; facilitate family group meetings for the purpose of family decision making; and host support group forums and nurturing classes to meet the diverse needs of both the caregivers and children.

A New York State Office Of Children and Family Services
Kinship Caregivers Program

LEARNING DISABILITY ASSOCIATION OF THE MOHAWK VALLEY

Learning Disability Association of the Mohawk Valley

401 Columbia Street

Utica, NY 13502

(315) 797-1253 - voice

(315) 272-2965 - voice

(315) 797-4006 – fax

The following services are provided through the Learning Disability Association of the Mohawk Valley (LDAMV), an affiliate of the Resource Center for Independent Living:

**Educational Advocacy (Service Access Assistance), Training, Information & Referral/Outreach:
Oneida and Herkimer Counties**

Advocacy services individually and in groups. These include development of self-advocacy skills, as well as advocacy with schools, other service providers and vocational advocacy. Public education which includes newsletter and professional presentation on a variety of topics.

What does an educational advocate do?

Educational Advocacy services are provided to parents/guardians of children aged 3-21 who are currently receiving or are in need of special education/related services under NYS Part 200 Regulations or accommodations/modifications under Section 504 of the Rehabilitation Act of 1973 through their local school district. Educational Advocacy services may also be provided to individuals with disabilities who are over the age of 18 who need appropriate accommodations/modifications to succeed in higher education and vocational training settings.

Educational Advocates meet with parents/guardians to identify concerns and set goals. If parents bring school records or other agency records (where the child is receiving services which impacts their education) to the initial meeting, the records are copied and parents will sign an authorization to release records so that any records the parent did not provide can be obtained through their school district or servicing agency.

Educational Advocates can assist parents in making a written referral to their School District CSE for initial evaluation, additional testing, assessment of academic impact of existing disability or to request an Independent Evaluation at district expense if parents disagree with the school district evaluation. Educational Advocates can sit down with parents and "translate" any portions of the school district evaluation which are unclear.

Educational Advocates can research and provide documentation to parents to assist in areas such as: retention, functional behavioral assessments, behaviors that are common to particular disabilities that the school is not recognizing, etc.

Continue

Educational Advocates may attend CSE meetings, Annual Reviews, Program Reviews or Manifestation Meetings, with parents when necessary. The advocate is there to assist parents in getting their views across in such areas as change of disability classification, program changes, reduction or increase in levels of service.

Educational Advocates mediate between parents, school district and CSE, but if mediation fails, can assist parents in requesting a due process hearing, filing a complaint with NYS Ed Department or U.S. Dept of Education. These options are taken only if the needs of the person with a disability will not be otherwise met.

Educational Advocates can connect parent(s) and individuals with disabilities to other agencies and services such as: transition services, home and community based services, ACCES-VR, adult basic education and GED services, service coordination, benefits counseling, and employment services. Educational Advocates try to encourage self advocacy on the part of parents and children and adults with disabilities wherever possible.

Adventure Challenge: Oneida County

A one-week experiential, educational/recreational program offered for students with neurological impairments or learning disabilities between the ages of 13-21. Adventure Challenge integrates experiential, recreational, organizational and computer writing skills development, as well as social development, team building, problem solving, etc.

Urban Safari/Adventure Challenge – Herkimer County

One-week experiential, educational/recreational program offered for students with neurological impairments or learning disabilities between the ages of 11-18. Urban Safari/Adventure Challenge integrates experiential, recreational, organizational and computer writing skills development, as well as social development, team building, problem solving, etc.

Urban Safari: Oneida County

A two-week summer recreation program that is designed to build written language skills utilizing computer technology. The computer writing skills lab uses strategies specifically designed for the students between the ages of 8-12 with written language problems. The strategies focus on organization and writing processes for students who struggle in these areas. This program combines an experimental/educational recreation experience with computer technology skill building component designed for students to compensate in the educational setting.

For more information about services offered through LDAMV, call 797-1253 or 272-2965.

LITTLE FALLS COMMUNITY OUTREACH

16 Jackson St. Little Falls, NY 13365

(315) 823-1409

firstpreslfc0_ny@verizon

The Little Falls Community Outreach Corporation was established in 1993 for the purpose of providing humanitarian services to the children and families of the greater Little Falls City School District. LFCO's primary goal was to secure the support of the entire community in order to make these services affordable and readily available. Hence, the corporate motto: "It takes a whole community to raise a child".

LFCO AVAILABLE PROGRAMS

Nurses' Assistance: Provides eyeglass/exams, dental and medical emergencies, prescriptions, and additional school supplies, as needed, for K-12th grade students.

Banana Splits: Provides in-school small group weekly counseling sessions for children K-8th grade whose parents are separated, divorced, incarcerated, or deceased.

In School Counseling Services: Provides weekly counseling services for K-12th as requested by parents, teachers, and/or school principals.

Evening Counseling Services: Provides counseling services for individuals and families that is affordable, readily available and easily accessible.

E.A.P. (Employee Assistance Program): Provided for the Little Falls Hospital families.

In School/After School Tutoring: Teacher recommended services provided to children, grades 4th and 5th in Benton Hall Academy. Breakfast Club and Homework Academy provided to students in the Middle School. Tutoring is also provided through the YMCA.

Lending Library: Materials are on hand in the school libraries for teachers, counselors and administrators in the Little Falls School District. All books, magazines, and videos deal with the mental/physical/emotional well being of children and young people.

Al Anon: Offers understanding help, support to families and friends of problem drinkers. Our program is adapted from Alcoholics Anonymous and is based upon the Twelve Steps, Twelve Traditions and Twelve Concepts of Service. The group meets Wednesday evenings at 8 p.m.

Women's Share Group: This group meets Thursday evenings bi-weekly for a chance to share concerns and joys. Discussions are held regarding pertinent readings and book.

Life Works: Participants and graduates in the Herkimer County Drug Treatment Court Program meet Tuesday evenings bi-weekly.

LITTLE FALLS FAMILY YMCA
15 Jackson Street Little Falls, NY 13365
Phone: (315) 823-1740 Fax: (315) 823-0440
Executive Director: Anthony DeLuca

The Little Falls Family YMCA is a full-service facility that offers over 80 instructional programs, and serves in excess of 100,000 individuals each year.

Youth / Child Care & Development Programs

Pre-school Playhouse: Three year old class: Class meets Tuesdays and Thursdays from 8:30 am - 11:00 am. Classes are held at Benton Hall Academy. Fees: \$13.50/week

Preschool Playhouse: Four year old class: Classes are held at Benton Hall Academy on Mondays, Wednesdays, and Fridays from 8:30 am - 12:30. Fees: \$36.00/week

Universal Pre-K at Benton Hall Academy: AM and PM sessions offered, each meeting 5 days per week throughout the school year. Free of charge.

Six to Six Program: Annual registration fee:\$15. Full week:\$108/1st child, \$81/2nd child, \$61/3rd child and UPK. (3,4,5 days is considered a full week.) Daily: \$24. one-half day: \$15

Youth Center: A multi-purpose program for youth in grades 2-12. Supervised gym and swim program. Program operates Monday, Wednesday and Friday from 3-5 pm. Programs for Youth Center are free of charge.

Wee Play: Children ages birth to 4 years and their caregivers. Tuesdays at 10:00 am - 11:30.Fee: \$20/child for a 7 week semester that includes a one-time registration fee of \$5.00.

Better World Club: Helping youth make a difference. This group engages youth in Middle School and High School in world issues.

Child Care, Six to Six, School's Out and Universal Pre-K: For registration and information please contact YMCA of the Mohawk Valley, 83 Main St., Mohawk, N.Y. 13407. Telephone: 315-866-6570

Aquatics Instruction and Special Programs

Infant and Toddler Swim Red Cross •Swim Lessons Water Aerobics • Splash Parties • Senior Swim • Lap Swim •Youth Swim (Youth in the Little Falls City School District who are in 2nd grade or older and able to swim can enjoy the pool. Monday, Wednesday and Friday 4-4:45 p.m. Available throughout the school year Free) • Family Swim.

Community Services

Tutoring/ Academic Preparedness •Youth Center •Community Co-op • Little Falls Area Food Pantry •Kateri's Family Thrift Store • Community Meeting Facilities • Housing/ Emergency Shelter • Little Falls Community/Senior Center • Community Animal Programs • Defensive Driving •Special Events Throughout the Year.

Exercise and Fitness Classes

Pilates • Yoga • Tai Chi • Karate • Silver Sneakers • Step, Kick, Power Flex Aerobics • Exercise for Fun and Fitness • Muscle Max-Women's Strength Training • Zumba (Dance their way into shape) • R.O.M. (Total Fitness Workout in Just 4 - 8 Minutes) • Ballroom Dance Classes Indoor Heart Cycling •Orientation for Weight Room and Nautilus Equipment.

“LEGAL AID SOCIETY OF MID-NEW YORK, INC.”

255 Genesee Street, 2nd Floor Utica, NY 13501
61 West Street (intake site) Ilion, NY 13357 (Every other Monday)
Phone (315) 793-7000 Fax: (315) 732-3202 TTD/TY (315)732-2131
Helpline—1-877-777-6152
Website: www.lasmny.org

Provides critical legal services, in the form of advice and counsel and representation, to low income people and seniors with civil legal problems impacting basic needs for food, shelter, medical care, safety, family stability and financial security. Documentation such as a green card is required for service. Program is open to Mohawk Valley residence. Eligibility Criteria: Income and assets below federal poverty guidelines. Referral Procedures: OFA referrals Languages in which the service is provided: Arabic, Bosnian, Farsi, Russian, Somali, Spanish and Vietnamese materials. We can handle all languages through our Language Assistance Program.

MADISON—ONEIDA

BOARD OF COOPERATIVE EDUCATIONAL SERVICES

Madison-Oneida BOCES 4937 Spring Road Verona, NY 13478
Phone (315) 361-5500 Fax (315) 361-5595

Literacy Zone Family Welcome Center

GED Classes Financial Literacy •English as Second Language (ELS) • Citizenship Classes Career and Education Planning •Links to Community Services •Parental Help with Homework for children

Held at 4 locations Hours of Operation (Monday - Friday By Appointment)

Public Library, 303 Genesee Street Utica
Kernan Magnet Elementary School, 929 York Street Utica
Resource Center For Independent Living, 409 Columbia Street Utica
St. Martin Deporres Community Center, 1301 Howard Ave Utica

Contact Paulette Brown or Lawrence DiCesare (315) 738-7300

MOHAWK VALLEY RESOURCE CENTER FOR REFUGEES

309 Genesee Street Utica, NY 13502
(315) 738-1083 X 146
lisanned@mvr-cr.org

Domestic Violence Prevention Coordinator, Lisanne Divine,

Program consist of training and education on Domestic and Sexual Violence in partnership with YWCA of the Mohawk Valley:

Professional Trainings - Domestic Violence: Trust Gender Culture
Ethnic Community Outreach and Education: Domestic Violence Education

MOHAWK VALLEY RESOURCE CENTER FOR REFUGEES

Executive Director Peter D. Vogelaar
309 Genesee Street Utica, NY 13502
(315) 738-1083

We promote the wellbeing of culturally diverse individuals and families within our community by welcoming our new neighbors, refugees and immigrants, and by providing individual and community-centered activities designed to create opportunity and facilitate understanding.

We Aid Immigrants by enabling individuals and communities to promote and sustain their cultural identity. **We Aid Refugees** by providing people displaced by persecution with a renewed certainty of home and life. **We Aid Our Community** by forging cultural competence and by building bridges within the community. **We Offer** a combination of programs and services that; teach refugees practical life skills that enhance their ability to integrate into the community; build individual and community capacity to integrate our new neighbor into the local Utica community; foster an atmosphere of understanding and tolerance through the engagement of individual clients, the refugee/immigrant community and the local community. Services offered by the Refugee Center are as follows.

Refugee Services:

Resettlement & Transitional Services

Find & furnish apartments for newly arriving refugees • Establish client identity with SSA / DSS
Transportation • Case Management • Interpretation • Mental health screening and assessment
•Facilitated access and follow-up to health screening, primary care physician, and other services
• Outreach, intervention and crisis support • Immigration and citizenship services

Education Services

Cultural Orientation • ESL Instruction with UCSD

Employment Services

Screening and assessment • Job orientation and placement • Job upgrade

Compass Services:

Outreach and Public Relations

Special Events • Institutional Collaboration • Community Capacity Building

Training and Consulting Services

Cultural Competence Assessments and Trainings • Cultural Specific Presentations

Interpretation and Translation Services

Medical • Educational • Employment • Legal • Social Service

Immigration and Citizenship Services

Counseling and Referral • Classroom Instruction and ESL with BOCES and UCSD
• Application Processing



MOBILE CRISIS ASSESSMENT TEAM

The Neighborhood Center Inc.
(315) 732-6228 Day or Night
Including Weekends and Holidays

The Mobile Crisis Assessment Team provides emergency mental-health services to children, adolescents, and adults in Oneida and Herkimer counties. Professionals trained in crisis-intervention are available 7 days a week, 24 hours a day to respond to crises in the home, school, or community.

The crisis team's mobility strengthens the assessment of needs as crisis workers are able to view the situation in the environment in which it occurs. A crisis may take various forms (emotional, behavioral, or psychological) and may have numerous underlying causes such as family or financial stress. In addition, crises may often be complicated by alcohol and drug use or domestic violence. In these situations, MCAT will work to address the precipitating events and to develop a plan to resolve the crisis at hand.

If the crisis is determined to involve an immediate medical need, MCAT will recommend that medical needs are addressed first. MCAT can provide linkage and referral to a vast array of mental health, addiction, and other social services as appropriate and based on presenting needs. Also, in the event that an in-patient psychiatric admission is indicated, MCAT will work to facilitate the admission through the appropriate systems.

Through early intervention, MCAT's goal is to stop crises from escalating, prevent physical harm to the client or others, and preserve the family unit by avoiding the trauma of separation due to unnecessary hospitalization. MCAT should be called when a child, adolescent, or adult appears incapable of making rational decisions, exhibits behaviors that are threatening self or others, or otherwise acts in a manner that significantly disrupts the home, school, or social environment.

MCAT is funded by the Oneida County Office of Mental Health

MOHAWK VALLEY COMMUNITY ACTION AGENCY

9882 River Road Utica, NY 13502 Phone (315) 624-9930 Fax (315) 624-9930
401 East German St. Herkimer NY 13350 (315) 866-0030 Fax (315)866-2523
5 Johnson Park Utica, NY 13501 Phone (315) 624-0821 Fax (315) 624-0827
Website: www.mvcaa.com Executive Director: Amy Turner

Program: Car Seat Program

401 E. German St., 3rd Floor. Herkimer, NY 13350 (315) 866-0030

Agency provides a limited number of federally approved car seats to income eligible households. Services include instruction on installation and proper use. Program serves Herkimer County residence. Eligibility Criteria is 185% of Federal Poverty Guidelines. Handicapped Accessible

Program: Case Management for Homeless or at risk families

401 E. German St., 3rd Floor Herkimer, NY 13350 Phone (315) 866-0030

Case Management services are offered for families who are homeless or at risk of becoming homeless. Services include re-housing assistance, application assistance, budgeting, goal setting, etc. Program serves Herkimer County residence. Eligibility Criteria depends on household income up to 200% of Poverty Guidelines. Handicapped Accessible Hours of operation are Tues-Fri 8:30 AM -4:00PM; Mon 10:30-6:00.

Program: Head Start Locations

360 Protection Ave. Herkimer, NY 13350 Phone (315) 866-0030

Provides comprehensive developmental services to low-income preschool children and their families. Eligibility criteria is based on income guidelines.

Handicapped Accessible.

Ilion 894-5585

Herkimer 866-7688

Herkimer Early Head Start 866-7135,

Mount Markham 822-3219 or 822-1137

Little Falls 823-1762.

Program: Rental Assistance

401 E. German St., 3rd Floor . Herkimer, NY 13350 Phone: (315) 866-0030

Applicants can call or walk in for a pre-application. When the application is completed, the household will be put on a waiting list. Rental assistance is available for very low-income families in existing apartments (passing HQS inspection) in Herkimer County. Tenant rent is based on income. Program serves residence of Herkimer County. Eligibility Criteria depends on Income guidelines. Handicapped Accessible. Hours of Operation are Tues-Fri 8:30-4:00; and Mon 10:30-6:00.

MOHAWK VALLEY PSYCHIATRIC CENTER CHILDREN AND YOUTH

1400 Noyes Street Utica, NY 13502

Bonnie Muffett, Parent Advisor

315-738-3135

We provide advocacy to families when a child is admitted and we assist families in accessing family support in the community.

ONEIDA COUNTY CHILD ADVOCACY CENTER

930 York Street Utica, NY 13502
Phone (315) 732-3990 Fax (315) 732-2804

In January 1990, a Child Abuse Task Force was established in Oneida County. In 1998, the Task Force was renamed the Child Advocacy Center (CAC). The CAC handles investigations of child sexual abuse in which the victim is under 17 years of age.

The Oneida County Department of Social services developed the CAC in conjunction with the Oneida County District Attorney, and the four major law enforcement agencies in the County, the New York State Police, Oneida County Sherriff's Department, Utica Police Department and the Rome Police Department. In addition to investigators from these agencies, a Child Protective Supervisor, Child Protective Caseworkers and Child Victim Advocates round out the investigative staff,.

Forensic medical examinations are provided by trained medical professionals. Personnel from the Neighborhood Center Inc. are available to provide support to victims of abuse. Additionally, the Neighborhood Center of Utica and Family Services of the Mohawk Valley provide counseling and mental health services to victims and family members. The Oneida County CAC initiates approximately 500 investigations each year. Where evidence warrants, criminal arrests are made and or Family Court Petitions are filed.

The CAC Goals are

- Reduce trauma to child victims during the investigative and court processes
- Gather better evidence to pursue criminal indictments and prosecutions
- Maintain records of reports, arrests, and convictions
- Provide on-going training to the CAC staff and other service providers
- Public service presentations to the community
- Increase the number of victims, secondary victims and perpetrators receiving treatment.

ONEIDA COUNTY EARLY INTERVENTION PROGRAM

185 Genesee St 4th fl
Utica NY 13501
315 798-5249

Hours: Monday through Friday 8:30-4:30

All children birth through two suspected of having a developmental delay or disability are entitled to an evaluation. This will determine the extent of any delays and whether the child is eligible for services. There are no out of pocket expenses for services provided by the program. Evaluations and services can be done in the child's home. Each evaluation looks at five areas of development: Cognitive (thinking and problem solving), Physical (movement of small and large muscles), Communication (talking, listening, and understanding), Social Emotional (interaction with children and adults), and Adaptive (self help skills such as feeding, dressing and sleeping).

"In the modern world,
the interests of a particular community
can no longer be considered to lie
within the confines of its own boundaries."
- 14th Dalai Lama

ONEIDA COUNTY HEALTH DEPARTMENT

185 Genesee Street 5th Fl. Utica, NY 13501
(315) 798-6400 Fax (315)266-6138
24 Hour Emergency (315)798-5064

*The Health Department Mission is to "promote and protect the health"
of the citizens of and visitors to Oneida County .*

Community Wellness

Maternal Child Health Services • Medicaid Obstetrical Maternal Services • Child Health Promotion Specialists • Early Intervention Therapy Coordination Services • Community Health Worker Program • Injury Prevention Program • Cancer Services Program

Diagnostic & Treatment Clinic

Immunization Clinic •Travel Clinic •TB Clinic • HIV Counseling and Testing • STD (Sexually Transmitted Diseases) Clinic • Communicable Disease Follow Up

Environmental Health

Alternative Design Septic System Review and Approval, On-site/Public Water Supply, Smoking Code Enforcement /Indoor Air Quality, Mosquito Surveillance for Arboviruses, Food Service/Temporary Food Service/Mobile Food Service, Children’s Camps, Temporary Residencies—Hotels/Motels, Campgrounds and RV Parks, Public Swimming Pools and Beaches, Mobile Home Parks, Vending Machines

Environmental Health Investigations

Lead poisoning, Food-borne & water-borne illnesses, Rabies prevention/animal bites, Residential Sanitary Code Compliance Investigations, Public health nuisances, Emergency response and Lead Primary Prevention inspections.

Health Education & Information

The focus of Health Education is to plan and organize educational efforts to influence public attitudes and behavior with regard to given health needs. The educational programs are geared towards community wellness, disease/injury prevention and fostering healthy behavior.

Health Education & Information

The focus of Health Education is to plan and organize educational efforts to influence public attitudes and behavior with regard to given health needs. The educational programs are geared towards community wellness, disease/injury prevention and fostering healthy behavior.

Special Children Services

Children With Special Health Care Needs • Physically Handicapped Children’s Program • Education & Transportation of Handicapped Children. Contact information:

Barbara A. Pellegrino, Director
185 Genesee Street 5th floor Utica, NY 13501
315-798-5223 or Fax:315-798-6441

Continued.

Early Intervention Services

The Division of Community Wellness provides Physical, Occupational, and Speech Therapies, Medical Social Worker, Special Instruction and Nutrition Services to the Early Intervention Program for children birth through age three, who have developmental delays or disabilities.

WIC Program

The Women, Infants and Children (WIC) Program is an income eligible supplemental food program for women, infants and children up to the age of five. The WIC Program provides nutrient rich prescribed food checks that can be used at participating food stores by participants. WIC also provides nutrition education and referral services.

WIC has two main sites and holds monthly clinics through out Oneida County.

Utica WIC
617 South Street
Utica, NY 13501
798-5066

Rome WIC
301 W. Dominick Street
Rome, NY 13440
356-4755

Carol Watkins
Program Coordinator
cwatkins@ocgov.net

**ONEIDA COUNTY HEALTH DEPARTMENT'S LEAD POISONING
PREVENTION PROGRAM (LPP)**

Catherine Bullwinkle, LPP Project Manager
185 Genesee Street 5th floor, Utica, NY 13501
315-798-5275 Administrative Assistant: 315-266-6147
cbullwinkle@ocgov.net

The LPP program is a prevention program with a goal of preventing childhood lead poisoning in children less than 6 years of age living in the high risk designated areas for lead poisoning in the City of Utica's Cornhill and West Utica. The program offers:

Free home inspection, dust wipe sampling, cleaning supplies and instruction, primer touch up kits, free EPA Renovator 8 hr. training and free paint supplies and paint with primer program for owners cited under the LPP program as well as lead hazard reduction recognition and education for community agencies as well as landlord and legal seminars.

**ONEIDA COUNTY HEALTH DEPARTMENT'S CHILDHOOD
LEAD POISONING PREVENTION PROGRAM**

Kathleen Paciello, Program Coordinator
185 Genesee St. 4th Fl. Utica, NY 13501
Ph:(315) 798-5996 Fax:(315) 798-6486
kpaciello@ocgov.net

CLPP Program

An environmental investigation to determine the possible sources of lead hazards is made of dwelling units occupied or frequently visited by children (through age 17) when the child is found to have a blood lead level of 15 ug/dl or greater. Inspections are also done for repeat levels between 15-19. In addition, inspections are conducted of any residences which the identified child spends 8 or more hours per week.

Paint is analyzed on site for lead content by means of X-ray fluorescence (XRF) equipment. Paint chip sampling with subsequent laboratory analysis for lead content can also be performed. Soil, dust, and water samples can also be analyzed to determine lead content. High lead hazard areas have been found to include horizontal surfaces such as moldings, sills, and protruding trim in window and door areas which are at an accessible height to small children. Other areas that might contribute to a child's elevated blood lead level are friction areas of doors, windows and lead contaminated soil surrounding a home. Prior to all case closings, dust wipe sampling is performed to ensure that lead dust levels are below Housing & Urban Development (HUD) guidelines.

Other program services offered include outreach visits, case coordination, referrals to community services, community outreach, technical and referral services for the medical community, community presentations, and lead screening clinics for children ages 6 months to 18 years of age lacking a primary care provider and/or third party reimbursement.

The Environmental Division, the Nursing Division and the Community Outreach Worker Program continue to use Dwelling Surveys to evaluate housing and living conditions throughout Oneida County. Dwelling Surveys are completed during home visits. Observable deficiencies are reported to the appropriate codes enforcement office for further investigation arrangement of compliance schedules (if necessary) and follow up.

ONEIDA COUNTY MENTAL HEALTH

235 Elizabeth Street Utica, NY 13501

Phone: (315) 798-5903

Fax: (315) 798-6445

Email: [Mental Health](#)

**If you have a Mental Health crisis or emergency
call the Mobile Crisis Assessment Team (MCAT) at 732-6228**

The Oneida County Department of Mental Health provides the planning, monitoring and reviewing of services for individuals with mental illness. The Department focuses on direct participation in committee work and continuous interaction in an array of services that include: Case Management, Crisis Services • Vocational-Educational Services • Peer Advocacy • Clinics and Clubs, Emergency Services • Continuing Day Treatment • Compeer • Drop-In Center, Representative Payee • Discharge Planning • Legal Services • Individual Case Reviews • Residential Services • Incident Review/Risk Management • Forensic Services • Transportation.

ONIEDA COUNTY OFFICE FOR AGING & CONTINUING CARE

Michael Romano, Director

235 Elizabeth Street Utica, New York 13501

Utica (315) 798-5456 Rome (315)-356-0550

ofa@ocgov.net

The Office for the Aging & Continuing Care, serves the elderly population & disabled of Oneida County & their families. We assess individuals to identify unmet physical, mental, social, psychological & financial needs. Care plans are created, implemented and monitored with individuals and their families. The mission is based on maintaining maximum independence for clients and all services are provided with the guiding value of respect for the dignity and autonomy of each person served.

Programs offered

Caregiver Support Program • Elder Abuse Prevention • Elder wellness Program • Heap • Health Promotion & Health Insurance Counseling • Housing & Weatherization • Legal Assistance • Outreach Programs & Case Management • Senior Employment Program • Senior Nutrition Program And Social Adult Care.

PLANNED PARENTHOOD

1424 Genesee Street Utica (315) 724-6146
111 E Chestnut St Ste 201 Rome (315) 337-8584
401 E German St Ste 310 Herkimer (315) 866-3085

Services Offered

Abortion Services • Birth Control Services • Emergency Contraception
HIV Testing • HPV & Hepatitis Vaccines • LGBT Services
Men's Health Services • Patient Education • Pregnancy Testing, Options & Services • STD Testing &
Treatment • Women's Health Services.



PINS ELIMINATION AND REDUCTION PROGRAM (PREP)

The Neighborhood Center Inc.
800 Charlotte Street, Utica, NY 13501
(315)798-8906 Gail Internicola Program Director,
Gail.Internicola2@dfa.state.ny.us

The PINS (Persons In Need of Supervision) Elimination and Reduction Program (PREP) is designed to keep youth at home by providing effective preventive and aftercare services. It is structured as a comprehensive array of individualized services and support networks utilizing a holistic approach.

PREP will accept referrals from the OCDSS PINS/Preventive Worker, through the Committee on Alternative Placements (CAP) & (V-CAP) and any other OCDSS approved source.

Eligibility and authorization for preventive services will be determined by Oneida County Department of Social Services via required service application and WMS Authorization. Designed as an intensive case management program, families and youth will meet with Case Planners on a weekly basis; Youth Support Workers will see the youth at least weekly in the school and once a month on the weekend. Contacts with families will be designed to further goals established in a comprehensive plan developed with youth and family. Weekend visits will be purposeful and are designed to assist youth with meeting



PROJECT AIM / KEYS TO CHANGE

The Neighborhood Center Inc. 612 Elizabeth Street Utica, NY 13501
(315)-272-2630

kristenr@neighborhoodctr.org

Project Aim is a bi-weekly structured youth group led by a trained adult mentor aimed at helping youth, ages 13 to 18, develop into caring and responsible members of the community. Staff work closely with youth, individually and as a group, to identify strengths, struggles and goals. Sessions focus on goal setting, creative activities, positive values, empowerment, boundaries and expectation, constructive use of time, commitment to learning, social awareness and competence, securing support systems and positive self-identity.

This program embraces many learning methods including creative expression, group discussion, writing, reading and film. Encouragement of positive home, school and community involvement is a consistent focal point. Referrals come through from various sources: self, parents, school, and other community agencies. Criteria for both programs is youth ages 13-18 and for KEYS to Change you must be TANF Eligible.



Yoga / Meditation Program

The Neighborhood Center Inc.
612 Elizabeth Street Utica, NY 13501
(315)-272-2630

kristenr@neighborhoodctr.org

Yoga / Meditation Program

This program is designed to assist youths 10-18 in learning yoga basics and meditation skills to enhance physical and emotional well being. Class sizes are limited. Please call for further information. This program is open to all youth ages 10-18 in the Utica / Rome areas. There is no fee for this program.

THE PEACEMAKER PROGRAM

Oneida and Herkimer County
502 Court Street Suite 234
Utica, NY 13502
Phone (315) 724-1718
Fax (315) 724-1375

Lisa@Thepeacemakerprogram.org
Steve@Thepeacemakerprogram.org

Advocacy Program Services

We provide advocacy for neglected / abused children and kids that are caught in the middle of their parents custody disputes. This is a court referred program and cases are appointed by family court judges.

Mediation Program Services

We provide confidential, free, professional dispute resolution programs to help members of the community work out conflicts with others. This may include problems with landlords, neighbors, family members, separated parents, relative caregivers and more. Our NYS Unified Court System certified mediators help parents make plans for the future of their children via resolution of custody/visitation/support issues, communication problems and more.

PROCTOR HIGH SCHOOL

1203 Hilton Avenue
Utica, NY 13501
(315) 368-6200

jbeard@uticaschools.org

Programs offered:

Summer Enrichment Programs
Summer School
ESL Programs

For additional Information Contact Joanne Beard, ESL Department Chair



RESOURCE CENTER FOR INDEPENDENT LIVING (RCIL)

Main Office: 409 Columbia Street, Utica NY 13503

Mailing: PO Box 210, Utica, NY 13503

Main phone: 315.797.4642

Fax: 315.797.4747

TDD:315.797.5837

Website:www.rcil.com

Resource Center for Independent Living (RCIL) provides resources to ensure a fully accessible, integrated society that enables full participation by people with disabilities.

Services include (but not limited to): Advocacy, Benefits Counseling, Elderly Services, Youth Services, Employment Services, Home and Community Based Services, Sign Language Interpreting, Learning Disability Association, At Home Independent Care, Columbia Place Associates and Leaf, Loaf & Ladle.

Herkimer Office

Steuben Center

401 E. German St.

Herkimer, NY 13350

Voice (315) 866-7245

TDD (315) 866-7246

Fax (315) 866-7280

Signature Event: Wonderland of Lights ~ November 23 – January 1.

SALVATION ARMY
www.salvationarmyusa.org

Salvation Army Thrift Stores

400 Columbia St, Utica, NY (315) 735-6450
164 W Main St, Ilion, NY (315) 894-9028
1184 E. Blvd West Rome, NY (315) 336-5002

Salvation Army

14 Clinton Pl, Utica, NY (315) 724-8736
410 W Dominick St, Rome, NY (315) 336-4290
431 N Prospect St, Herkimer, NY (315) 866-1240

Programs that Help

Rebuilding Lives • Missing Persons • Disaster Relief
SAWSO • Prisoner Rehabilitation • Drug and Alcohol Rehabilitation • Fight Human Trafficking

Community and Fellowship

Youth Camps • Kroc Centers • Music

Comfort and Support

Christmas Charity • Elderly Services • Loneliness (League of Mercy)



SUPPORTIVE CASE MANAGEMENT

The Neighborhood Center Inc.
628 Mary Street ~ Utica NY 13501 (315) 272-2640

Support for Adults Coping With Mental Illness

Case Management is an integral component of the mental health service system in New York State. Case Management supports the Office of Mental Health's mission to promote hope and recovery for people with psychiatric disabilities. Case management uses strength based and recipient- centered practices, when assisting persons with serious mental illness to achieve the goals of illness management and recovery, while helping recipients to:

- ◆ Increase active participation in work and meaningful social relationships that will promote self sufficiency and economic independence
- ◆ Increase attainment of safe and affordable housing
- ◆ Maximize utilization of natural supports
- ◆ Decrease hospitalizations and reliance on emergency services
- ◆ Access resources that will promote illness management and recovery

TABERNACLE BAPTIST CHURCH

13 Clark Place
Utica, NY 13501
Phone (315) 735-7534
Fax (315) 734-9030

Pastortbc@centralny.twcbc.com

The following services are offered.

Religious Education • Children And Youth Programs • Pastoral Care
and Support • “The Caring Corner” (Food, household goods, and clothing closet)



TRANSITIONAL LIFE SKILLS

The Neighborhood Center Inc.
628 Mary Street ~ Utica NY 13501 ~ (315) 272-2700
Tuesday and Thursday 8:30 a.m. to 8 p.m.

Support for Youth Living on Their Own

Transitional Life Skills provides emergency assistance and case management services to older teenagers, 16 to 20, who need help making the transition to independent living. Sometimes, teens are left homeless due to tragedy. Other times, they no longer find it possible to live at home because of serious problems affecting the family unit. Problems may center around extreme financial hardship, substance abuse by one or more family members, violence, neglect or an accumulation of serious differences that have destroyed any hope of a constructive relationship between parent and child. Young people who suddenly find themselves homeless, or who feel they have no choice but to move out of their family home, often are unprepared for independent living. Of particular concern are cases of teenage pregnancy or motherhood where a new, helpless life may be at risk.

Transitional Life Skills provides emergency assistance along with temporary support and guidance, helping clients to acquire the knowledge, skills and confidence they need to live on their own. Since the program's focus is to foster independent living skills, participants are encouraged to be full partners in assessing their own strengths and addressing areas where growth is needed. The case manager may show teens how to find housing, employment, medical care, affordable food and clothing, legal advice, educational/vocational opportunities and other necessities. Staff also serve as advocates and mediators with family members, other service agencies, medical providers, landlords, government offices, etc. For example, staff may help a pregnant teenager who is required to be represented by a responsible adult in applying for public assistance.

There is no fee for Transitional Life Skills.
The program is funded by the state Office of Children and Family Services
free to participating youth.

**UPSTATE CEREBRAL PALSY
Community Health and Behavioral Services**

1427 Genesee St
Utica, NY 13501
(315)798-8868

Community Health and Behavioral Services offers Primary Care, Mental Health and Podiatry services to our patients. We are accepting new patients, adults and children. We accept Medicare, Medicaid, Fidelis, Blue Cross/Blue Shield for both commercial and Managed Medicaid products, as well as many other insurances in health and behavioral. For uninsured clients we offer a sliding fee scale based on income and Federal Guidelines. Our office opens Monday through Friday at 8 a.m. We also offer evening appointments Tuesday, Wednesday and Thursday.

CHBS is a division of Upstate Cerebral Palsy.

At Upstate Cerebral Palsy we provide innovative programs and services that support people and create opportunities to fulfill life choices....one person at a time, through everyday miracles.

UTICA SAFE SCHOOLS HEALTHY STUDENTS

Anne Lansing, Executive Director

Jeremy Butler, Director of Programs and Services

www.usshealthystudents.org safeschools@uticaschools.org

106 Memorial Parkway, Utica, NY 13501 • (315) 792-2205

The Underground Café

The Underground Café Teen Center, A program of Utica SS/ HS, aspires to transform the experiences and perceptions of teens in Utica by creating venues for leadership, civic engagement and creative expression.

- ◆ After School Program - Open to Proctor High School Students 3p-6p everyday school is open - activities include arts music, life skills and recreation
- ◆ Drop in Center - Open School Breaks and Summer - join us for recreation activities, shoot hoops, hanging out with friends, use a computer, play games, listen to music and watch movies
- ◆ Leadership and Resiliency Skills-start now to prepare for college.
Challenge yourself with a new activity, meet new friends, or learn to express yourself with art, dance, or music, learn valuable conflict resolution skills, become a leader.
- ◆ Service Learning Projects - change your community, challenge our leaders, voice your opinions, make a difference in your world, learn about your community.

The Advantage After School Program at Donovan

Provides students with a safe place to go after school. Youth Counselors assist students with homework and provide positive role models. The Advantage Program brings outside agencies into the school to provide life skills programs, music lessons, computer classes, mediation and recreation programs. All students at Donovan may take advantage of the programs offered.

Supportive Services-Utica and Rome City School Districts

Short term individual counseling, Group activities and Homeless assistance. The following services are offered to students and families in the School District:

- Coordinate & facilitate prevention/intervention services
- Complete Child and Adolescent Needs Assessment on at-risk youth
- Work with school support teams to develop student service plans that enhance academic success & social emotional well-being
- Provide follow-up services and support with community agencies
- Support ongoing collaboration to promote and enhance programs which are identified as removing barriers to academic achievement
- Make appropriate referrals to community agencies.
<http://www.usshealthystudents.org/services/referrals_listing.php>
- Supportive Services-Through the BOCES CORE initiative (11 component Districts in Oneida County) Initial Response Team (IRT) Family Group Conferencing
- Positive Behavior Intervention and Supports (PBIS)
- Afterschool Program Development

ALL OF OUR PROGRAMS AND SERVICES ARE FREE FOR STUDENTS AND FAMILIES

WESTMINSTER PRESBYTERIAN CHURCH

714 Washington Street Utica, NY 13502

(315) 732-6518 Fax (315) 732-6599

robert.umidi@verizon.net

The following services are offered

Food pantry for specific geographic parts of the city

Tuesdays 1:30pm—3:30pm

Saturday Soup Kitchen “Our Daily Bread”

Every Saturday 10am-12pm - Bag Lunches

First Saturday of each month - Hot meals

Open Basketball in the gym

Contact Robert Umidi for additional information.

Located at Westminster “The Underground Café”

The Underground Café endeavors to transform the experiences and perceptions of teens in Utica by creating venues for leadership, civic engagement and creative expression.

- The Youth Board: Youth can change their community, lead exciting events and speak up!
- OuterGround: Youth can hike, rock climb, kayak and experience the great outdoors
- Couper Art Program: Youth create masterpieces, record albums and show off their talents
- The Accepted College Prep Program: Students can apply to the college of their dreams

YMCA OF THE MOHAWK VALLEY
83 East Main Street Mohawk, NY 13407
Phone (315) 866-6570 Fax (315) 866-6573
Program Director: Aimee Burke

Program: Personal Training and Rehabilitation Fitness, Health, and Rehab programs designed to serve individual needs. Emphasis on healthy lifestyles. Tobacco education and cessation, drug/alcohol free lifestyles. Water therapy and aquatics programs. Programs for all ages and abilities. Special senior programs available. Programs available to Herkimer County residence.

Program: School Aged Child Care After school and before school childcare for youth in grades K-6. A structured academic recreational and social program developed by the YMCA and School Districts. Programs offered at school sites throughout school year and vacation periods. Fees are applied to services; scholarships available. Program is open to Herkimer County residence.

Program: Herkimer County Teen Talk Line Phone: 1-877-323-8255 A confidential listening line staffed by young people who are trained to listen to your concerns about relationships, substance abuse, stress, pregnancy, family problems and anything else that's on your mind. Program is open to all Herkimer County residence.

Program: Tutoring Services Tutoring and Remediation assistance with homework, preparation for exams. Targeting students at risk of failure and/or 1 or more years below grade level. One on one and small group service. Program serves the Mohawk Valley. Hours of operation are Monday – Friday.

Program: Youth Center Services Youth Center services offer recreation social and informational activities. Special emphasis on unhealthy drug lifestyles, tobacco cessation, and alcohol free lifestyles. Some fees are applied for instructional programs. Program serves the central Herkimer County.

Domestic & sexual violence services We provide a range of services, including a 24-hour hotline, emergency and transitional shelters, and victim advocacy programs. We serve women and their children at two emergency shelters and a transitional housing facility. We also provide housing and programming for teenage girls seeking a safe and supportive place to call home.

Racial Justice A hallmark program of YWCA, our racial justice department works diligently to eliminate racism by helping the community understand how racism impacts us all.

Children's Centers at Family Court Children no longer need to sit through a court proceeding with their parents. Our free children center offers a drop in child care while parents and caregivers are at court.

Community Education Prevention driven education is provided to thousands of individuals every year throughout the Mohawk Valley. Children and adults alike are given the skills and knowledge necessary to stop the violence.

Ygirls Inspiring the women of our future through participant driven programming for the real world. This youth program challenges girls to break through the glass ceiling, surpass the status quo, and reach for the stars.

NOTES

**The Kin and Kids
Outreach & Support A Program
Of the Neighborhood Center Inc.**



**A New York State Office of Children and Family
Services Kinship Caregiver Program**